

STUDENT BULLETIN

ALPHA SECONDARY

February 25, 2021

Bell Schedule

Junior Schedule

7:30 – 8:40	AM CLASS
8:40	Junior – Warning Bell
8:45	Junior – Period 3 Class Begins
11:35	Junior – Lunch Begins
12:10	Everyone – Lunch Ends
12:15	Everyone – Period 4 Begins
2:45	Junior – Period 4 Class Ends
3:00 – 4:15	PM CLASS

Senior Schedule

7:30 – 8:40	AM CLASS
8:45	Flexible student support time
9:15	Senior – Period 3 Class Begins
11:25	Senior – Lunch Begins
12:10	Everyone – Lunch Ends
12:15	Everyone – Period 4 Begins
2:25	Senior – Period 4 Class Ends
2:25 – 2:55	Flexible student support time
3:00 – 4:15	PM CLASS

****Highlighted is when bells ring****

GRADS

Attention all Grade 12s! You can now order your cap and gown for the “walk across the stage” event on Monday, June 28th. Go to School Cash Online to pay your \$45.00 fee and to order your cap and gown. **You must order your cap and gown by Monday, March 1st to receive them for the “walk across the stage”.**

Grad Gown Measurements: Hey Grads, gown measurements need to be done for the ***Walk across the Stage*** event. Go to @alphagrad2021 Instagram for more info on how to measure.

Ms. Deacon

Grad Spirit Day – February 25: It is denim day, wear your nicest jeans and jean jackets.

Grad Council

GENERAL

Black History Month-February: *Did you know...*

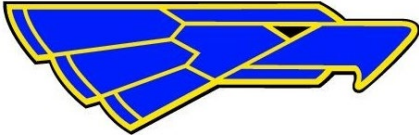
Chef Adrian Forte has appeared on *Food Network*, ***Canada's Top Chef Canada***, ***Chef, In Your Ear***, ***Chopped Canada***, ***Hogtown BBQ on Bell***, as well as several noted national television appearances demonstrating his skill and creativity!!! Originally from Jamaica, Mr. Forte has made Toronto his home where he is a culinary consultant for several food service groups. His style of cooking draws inspiration from his roots, using flavours from Africa and the Caribbean islands while applying classic French techniques.

Thank you, Adrian, for inspiring foodies in Canada to embrace flavours and colours in our everyday meals!!!!

Attention Alpha Students!!!

The window for **online course selection** is **closing on February 28**. Please make sure to enter your course requests as soon as possible to avoid complications in your schedule next year. Please see your counsellor if you have any questions. Mr. B.

Honour Roll lists and sign-up sheets are now posted on the table in front of the Connect Room. If you want a certificate printed, please remember to bring a pen and sign up during your break or at lunch. Please make sure you sign up for the correct certificate. Lists are grouped by Principal's Honour Roll (purple), Honour Roll (grey) and Work Ethic (blue), then by grade and last name. Lists will be posted until **Friday, March 5th**.



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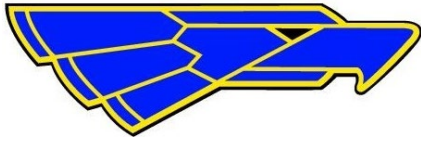
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Grade 9 Students and Parents: Please be aware that the grade 9 immunizations will **not** be happening at school this year. The school program has been put on hold as Health Nurses are currently supporting the COVID-19 case and contact tracing work and we have no indication when this program will resume. If you would like your child immunizations updated at this time, please contact **Fraser Health's Central Booking Team directly at 604-476-7087**. You can also find information on their website <https://www.fraserhealth.ca/>

DSAC (District Student Advisory Council) is organizing a **District Wide Spirit Week from March 8-12th!** The goal of this event is to connect students across the district and build school spirit. The theme of the week is the pandemic and spirit days include:

- Monday: Funky mask day
- Tuesday: School colours day
- Wednesday: Dress like a tourist day
- Thursday: Online conference day
- Friday: Movie day (dress like a character from a movie/TV show)

Make sure to send in a photo of your Movie Day outfit to @burnabydsac or your school's student government Instagram account for a chance to win a gift card!



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Appendix B – Daily Health Checks for Students SWP COVID-19 The following daily health check is for students and their families to determine if the student should attend school that day. Translations in multiple languages have been provided by the Ministry of Education.

Daily Health Check			
School	Name:		
Key Symptoms of Illness*	Do you have any of the following key symptoms?	CIRCLE ONE	
	Fever	YES	NO
	Chills	YES	NO
	Cough or worsening of chronic cough	YES	NO
	Shortness of Breath	YES	NO
	Loss of sense of smell or taste	YES	NO
	Diarrhea	YES	NO
	Nausea and vomiting	YES	NO
International Travel	Have you returned from travel outside of Canada in the last 14 days?	YES	NO
Confirmed Contact	Are you a confirmed contact of a person confirmed to have COVID-19?	YES	NO

*Check BCCDC's [Symptoms of COVID-19](#) regularly to ensure the list is up to date.

If the student answers "YES" to one of the questions included under 'Key Symptoms of Illness' (excluding fever), the student should stay home for 24 hours from when the symptom started. If the symptom improves, you may return to school when you feel well enough. If the symptom persists or worsens, seek a health assessment.

If you answered "YES" to two or more of the questions included under 'Key Symptoms of Illness' or the student has a fever, seek a health assessment. A health assessment includes calling 8-1-1 or a primary care provider like a physician or nurse practitioner. If a health assessment is required, the student should not return to school until COVID-19 has been excluded and your symptoms have improved.

If you answered "YES" to questions 2 or 3, use the [COVID-19 Self-Assessment Tool](#) to determine if the student should seek testing for COVID-19.

When a **COVID-19 test** is recommended by the health assessment:

- If the COVID-19 test is **positive**, you should stay home until you are told by public health to end self-isolation. In most cases this is 10 days after the onset of symptoms. Public health will contact everyone with a positive test.
- If the COVID-19 test is **negative**, you can return to school once symptoms have improved and you feel well enough. Symptoms of common respiratory illnesses can persist for a week or more. Re-testing is not needed unless you develop a new illness.
- If a COVID-19 **test is recommended but is not done** because you choose not to have the test, or you do not seek a health assessment when recommended, and your symptoms are not related to a previously diagnosed health condition, you should stay home from school until 10 days after the onset of symptoms, and then you may return if you are feeling well enough.

If a COVID-19 test is not recommended by the health assessment the student can return to school when symptoms improve and they feel well enough. Testing may not be recommended if the assessment determines that the symptoms are due to another cause (i.e. not COVID-19).

A healthcare provider note (i.e. doctor's note) should not be required to confirm the health status of any individual.