ÉCOLE ALPHA SECONDARY
COURSE SELECTION FORM – GRADE 10
2026/2027

Last Name _____ First Name _____ Student Number _____

☐ **I have entered my requests in MyEd**

PROGRAM REQUESTS

CHOOSE ONE OF THE FOLLOWING PROGRAMS:

Do NOT select any course(s) that you plan to take at summer school or online. Complete the **SUMMER SCHOOL/ONLINE** section below for these courses.

English Program Core Courses

☐ **English Language Arts 10 (Choose one):**
- ○ English First Peoples 10
- ○ Creative Writing 10
- ○ Mystery 10
- ○ New Media & Film 10

☐ **Math 10 (Choose one):**
- ○ Foundations of Math & Pre-Calculus 10
- ○ Workplace Math 10

☐ Science 10 OR ☐ Science 10 Enriched
☐ Social Studies 10
☐ Career Life Education 10
☐ Physical & Health Education 10

French Immersion Program Core Courses

☐ **English Language Arts 10 (Choose one):**
- ○ English First Peoples 10
- ○ Creative Writing 10
- ○ Mystery 10
- ○ New Media & Film 10

☐ Français langue seconde 10
☐ Maths: Fondements et pré-calcul 10
☐ Sciences naturelles 10
☐ Sciences humaines 10
☐ Éducation à la vie professionnelle 10
☐ Physical & Health Education 10

CHOOSE ELECTIVE COURSES FROM THE COURSE OFFERING SHEET

English Program students choose THREE elective courses, French Immersion Program students choose ONE elective:

English Elective Courses	
Choice 1	
Choice 2	
Choice 3	

French Immersion Elective Courses	
Choice 1	

*Please note that it is NOT ALWAYS POSSIBLE for you to be programmed into your chosen electives. Therefore, please also pick three alternative elective courses. Remember to pick ***wisely*** because it is possible that you will be programmed into one or more of your alternate elective courses.

Alternative Elective Courses	
1st Alternate	
2nd Alternate	
3rd Alternate	

ADDITIONAL OFF-TIMETABLE COURSES (9th, 10th…)

- ***X block at 8am, Lunch Time & Y block (3:45pm)***

☐ I have a full timetable of 8 courses and would like to request additional course(s)

I would like to request the following off-timetable courses:

☐ Concert Band 10 (8 AM)
☐ Concert Choir 10 (8AM)
☐ Dance Company 10 (8AM)
☐ Chamber Choir 10 (Lunch Time)
☐ Athletic Council 10 (Lunch Time)
☐ Theatre Company 10 (PM – Y block)
☐ Jazz Band 10 (PM – Y block)
☐

Please mark down any courses you plan on taking at Summer School:

Summer School Courses	
Choice 1	
Choice 2	

ÉCOLE ALPHA SECONDARY
COURSE SELECTION FORM – GRADE 10
2026/2027

BELL SCHEDULE

MONDAY/WEDENSDAY/FRIDAY

TIME	SEM 1	SEM 2	
8:00 – 9:20am	Period 1	Period 6	Students in grades 8,9 and 10 will have courses in P2 to P5, and P7-P10 **Students are expected take 8 courses during the year.* Additional courses (9th ,10th, etc.) outside the timetable are available in: Y block and at Lunch Time.
9:25 – 10:45am	Period 2	Period 7	
10:55am – 12:15pm	Period 3	Period 8	
12:15 – 12:55pm	Lunch		
12:55 – 2:15pm	Period 4	Period 9	
2:20 – 3:40pm	Period 5	Period 10	

TUTORIAL DAY SCHEDULE

TUESDAY/THURSDAY

TIME	SEM 1	SEM 2	
8:00 – 9:15am	Period 1	Period 6	Students in grades 8,9 and 10 will have courses in P2 to P5, and P7-P10 **Students are expected take 8 courses during the year.* Additional courses (9th ,10th, etc.) outside the timetable are available in: Y block and at Lunch Time.
9:20 – 10:32am	Period 2	Period 7	
10:42 – 11:12am	Tutorial		
11:17 – 12:29pm	Period 3	Period 8	
12:29 – 1:09pm	Lunch		
1:09 – 2:21pm	Period 4	Period 9	
2:26 – 3:41pm	Period 5	Period 10	

GRADUATION REQUIREMENTS

Required Courses:	Cr	Required Courses:	Cr	Required Courses:	Cr	Totals:
English 10	4	Any Social Studies 11 or 12	4	Any Math 11 or 12	4	12
Any English 11	4	Science 10	4	Physical Education 10	4	12
Any English 12	4	Any Science 11 or 12	4	Fine Arts or Applied Skills 10, 11, 12	4	12
Social Studies 10	4	Any Math 10	4	2 Career Education Courses	8	16
					Subtotal:	52

Elective Courses:	
Any combination of 28 credits in grades 10 to 12	28

Of the 80 credits, 16 must be at the Grade 12 level Total: **80**

****NEW**: All students working towards a Dogwood must successfully complete **at least 4 credits** of Indigenous focused coursework. This can include English First Peoples 10-12, BC First Peoples 12 or Contemporary Indigenous Studies 12.

All students must write the NUMERACY 10, LITERACY 10 and 12 ASSESSMENTS before the end of Grade 12.