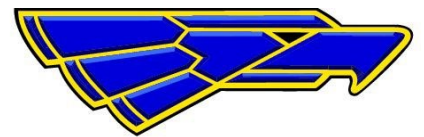


**ÉCOLE ALPHA SECONDARY**  
**COURSE SELECTION FORM – GRADE 10**  
**2025/2026**



\_\_\_\_\_  
 Last Name

\_\_\_\_\_  
 First Name

\_\_\_\_\_  
 Student Number

I have entered my requests in MyEd

**PROGRAM REQUESTS**

**CHOOSE ONE OF THE FOLLOWING PROGRAMS:**

Do NOT select any course(s) that you plan to take at summer school or online. Complete the **SUMMER SCHOOL/ONLINE** section below for these courses.

<b>English Program Core Courses</b>	
<input type="checkbox"/> <b>English Language Arts 10 (Choose one):</b>	
<input type="radio"/> English First Peoples 10	<input type="radio"/> Mystery 10
<input type="radio"/> Creative Writing 10	<input type="radio"/> New Media & Film 10
<input type="checkbox"/> <b>Math 10 (Choose one):</b>	
<input type="radio"/> Foundations of Math & Pre-Calculus 10	<input type="radio"/> Workplace Math 10
<input type="checkbox"/> Science 10	OR <input type="checkbox"/> Science 10 Enriched
<input type="checkbox"/> Social Studies 10	
<input type="checkbox"/> Career Life Education 10	
<input type="checkbox"/> Physical & Health Education 10	

<b>French Immersion Program Core Courses</b>	
<input type="checkbox"/> <b>English Language Arts 10 (Choose one):</b>	
<input type="radio"/> English First Peoples 10	<input type="radio"/> Mystery 10
<input type="radio"/> Creative Writing 10	<input type="radio"/> New Media & Film 10
<input type="checkbox"/> Français langue seconde 10	
<input type="checkbox"/> Maths: Fondements et pré-calcul 10	
<input type="checkbox"/> Sciences naturelles 10	
<input type="checkbox"/> Sciences humaines 10	
<input type="checkbox"/> Éducation à la vie professionnelle 10	
<input type="checkbox"/> Physical & Health Education 10	

**CHOOSE ELECTIVE COURSES FROM THE COURSE OFFERING SHEET**

**English Program** students choose **THREE** elective courses, **French Immersion Program** students choose **ONE** elective:

English Elective Courses	
Choice 1	
Choice 2	
Choice 3	

French Immersion Elective Courses	
Choice 1	

\*Please note that it is NOT ALWAYS POSSIBLE for you to be programmed into your chosen electives. Therefore, please also pick three alternative elective courses. Remember to pick **wisely** because it is possible that you will be programmed into one or more of your alternate elective courses.

Alternative Elective Courses	
1 <sup>st</sup> Alternate	
2 <sup>nd</sup> Alternate	
3 <sup>rd</sup> Alternate	

**ADDITIONAL OFF-TIMETABLE COURSES (9<sup>th</sup>, 10<sup>th</sup>...)**

- **X block at 8am, Lunch Time & Y block (3:45pm)**

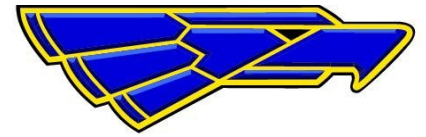
I have a full timetable of 8 courses and would like to request additional course(s)

I would like to request the following off-timetable courses:

- |  |  |
|--|--|
| <input type="checkbox"/> Concert Band 10 (8 AM)        | <input type="checkbox"/> Athletic Council 10 (Lunch Time)  |
| <input type="checkbox"/> Concert Choir 10 (8AM)        | <input type="checkbox"/> Theatre Company 10 (PM – Y block) |
| <input type="checkbox"/> Dance Company 10 (8AM)        | <input type="checkbox"/> Jazz Band 10 (PM – Y block)       |
| <input type="checkbox"/> Chamber Choir 10 (Lunch Time) | <input type="checkbox"/>                                   |

Please mark down any courses you plan on taking at Summer School:

Summer School Courses	
Choice 1	
Choice 2	



**SCHEDULE - Grades 8 to 10 Students**

TIME	SEM 1	SEM 2	<p>Students in grades 8 to 10 will attend periods 2/7 to 5/10.</p> <p><i>*A full-time schedule of 8 courses is required.</i></p> <p>Additional courses (9<sup>th</sup>, 10<sup>th</sup>, etc.) outside the timetable are available in: X and Y blocks and at Lunch Time.</p>
8:00 – 9:20am	X Block	X Block	
9:25 – 10:45am	Period 2	Period 7	
10:55am – 12:15pm	Period 3	Period 8	
12:15 – 12:55pm	Lunch		
12:55 – 2:15pm	Period 4	Period 9	
2:20 – 3:40pm	Period 5	Period 10	
3:45 – 4:55pm	Y Block	Y Block	

**\*\*Proposed Schedule**

**GRADUATION REQUIREMENTS**

Required Courses:	Cr	Required Courses:	Cr	Required Courses:	Cr	Totals:
English 10	4	Any Social Studies 11 or 12	4	Any Math 11 or 12	4	12
Any English 11	4	Science 10	4	Physical Education 10	4	12
Any English 12	4	Any Science 11 or 12	4	Fine Arts or Applied Skills 10, 11, 12	4	12
Social Studies 10	4	Any Math 10	4	2 Career Education Courses	8	16
					Subtotal:	52
<b>Elective Courses:</b>						
Any combination of 28 credits in grades 10 to 12						28

**Of the 80 credits, 16 must be at the Grade 12 level**

**Total: 80**

**\*\*NEW:** All students working towards a Dogwood must successfully complete **at least 4 credits** of Indigenous focused coursework. This can include English First Peoples 10-12, BC First Peoples 12 or Contemporary Indigenous Studies 12.

All students must write the NUMERACY 10, LITERACY 10 and 12 ASSESSMENTS before the end of Grade 12.