



ÉCOLE ALPHA SECONDARY SCHOOL

930 Alpha Avenue

Burnaby, BC V5C 3E2

Tel: 604.296.6865 Fax: 604.296.6868

<http://alpha.burnabyschools.ca> email: alpha.info@burnabyschools.ca

Follow us on Twitter [@alphaSD41](https://twitter.com/alphaSD41)

Principal: Ms. V. Lee

Vice-Principal: Ms. L. de Oliveira (A – La & Indigenous Students)

Vice-Principal: Ms. H. Watson (Le – Z & International Students)

THIS AGENDA BELONGS TO:

NAME _____

ADDRESS _____

CITY/TOWN _____

POSTAL CODE _____ PHONE _____

STUDENT NO. _____



Burnaby School District's Code of Conduct has been established to maintain a safe, caring and healthy learning environment.

It is the shared responsibility of students, staff, parents/guardians and the broader community, to demonstrate positive conduct while attending any school or District related activity, at any location.

All members of the school community have an obligation to:

- Support learning
- Promote safety
- Respect property, environment, personal space and privacy
- Model courtesy, compassion and respect

All students are expected to comply with appropriate use of personal digital devices and restrictions – which may vary by the student's age and developmental stage – including:

- At elementary schools, personal digital devices will be safely stored, on silent mode, and out of sight during the school day, including non-instructional time such a recess and lunch
- At secondary schools, personal digital devices will be safely stored, on silent mode, and out of sight during instructional time.

- At all grade levels, exceptions to restrictions apply when the classroom teacher gives permission to use personal digital devices for educational activities, and/or when students require personal digital devices for learning accessibility and/or medical purposes under school staff supervision.
- At all grade levels, expectations for conduct and use of technology as outlined in the District Technologies & Information System Student Acceptable Use Agreement also apply.

All members of the school community must refrain from engaging in any in-person or digital communication or behaviour that is considered to be:

- Interfering with the learning and working of others
- Bullying, harassing, intimidating, retaliating, discriminating or violent
- Unsafe or illegal including the possession, use or distribution of illegal or restricted substances, or the possession of weapons or replicas

All members of the school community are expected to comply with the purpose and spirit of the BC Human Rights Code, including not engaging in discriminatory conduct on the basis of race, colour, ancestry, place of origin, religion, marital status, family status, physical or mental disability, sex, sexual orientation, gender identity or expression, or age.

Every effort will be made to support individuals and to determine the root causes of behaviour. If the safety or educational program of others is compromised, or if there is an ongoing failure to meet the expectations of the Code of Conduct, a range of consequences will follow. Whenever possible, incidents will be resolved by discussion, mediation and restitution.

All members of the Burnaby School District community have the right to be treated fairly and consistently, and should know and understand this Code of Conduct.

STUDENT HANDBOOK 2024-2025

DEPARTMENT HEADS

Applied Skills	Ms. M. Cawker
Athletics	Ms. A. Norris
English	Ms. A. McChesney
Languages	Ms. C. Godin
Learning Support Services	Mr. F. McLean
Mathematics	Mr. E. Ko
Physical Education	Ms. M. Vulama
Science	Mr. K. Rockwell
Social Studies	Ms. A. Sawatsky
Student Services	Mr. S. Bermann
Visual & Performing Arts	Ms. C. McAllister

STUDENT SERVICES

Counsellor (A-Ho)	Mr. S. Bermann
Counsellor (Hs-M) + Indigenous Students	Mr. J. Berkbigler
Counsellor (N-Z)	Ms. Y. Hawkins
Indigenous Success Teacher	Ms. R. Figursky
Indigenous Youth Engagement	Ms. F. Bolton
Advanced Placement Coordinator	Ms. A. Norris
Career Programs Advisor (A-L)	Ms. S. Teng-Davis
Career Programs Advisor (M-Z)	Ms. V. Lo
Librarian	Ms. M. Haigh
Scholarships	Ms. V. Lo
Safe School Specialist	Mr. W. Williams

PEOPLE TO KNOW

Office Manager	Ms. L. Batista
Receptionist	Ms. G. Landingin
School Accountant (Fees)	Ms. S. Santos
Student Database	Ms. R. Kong
Head Custodian (Evening)	Mr. D. Paris
Custodian (Morning)	Mr. G. Leung
Library Assistant	Ms. M. Saul
Career Centre Assistant	Ms. D. Scigliano

MISSION STATEMENT



The mission of École Alpha Secondary staff, together with our parents and our community is to provide a supportive climate in a multi-cultural environment where all individuals have the opportunity to maximize their talents for the benefit of society. Through academic, creative and extra-curricular pursuits, students and staff are encouraged to develop their potential with a desire to engage in lifelong learning.

COMMUNICATING STUDENT LEARNING

There are four formal reporting periods during the school year. Please see the calendar for specific dates. Report cards are available for viewing through the MyEd Portal. Interim reports may be issued at any time during the year.

REPORT CARDS

S1 Student Learning Conferences	October 23, 2024
Term 1 Reports Available on MyEd Portal	November 18, 2024
Term 2 & S1 Final Reports Available on MyEd Portal	January 31, 2025
S2 Student Learning Conferences	March 13, 2025
Term 3 Reports Available on MyEd Portal	April 30, 2025
Term 4 & S2 Final Reports Available on MyEd Portal	June 26, 2025

LETTER GRADES & PERCENTAGES

<u>A</u>	<u>86 – 100%</u>
<u>B</u>	<u>73 – 85%</u>
<u>C+</u>	<u>67 – 72%</u>
<u>C</u>	<u>60 – 66%</u>
<u>C-</u>	<u>50 – 59%</u>

IE 0 – 49% Insufficient Evidence – No grade assigned at the time of reporting, due to insufficient evidence of learning

INSUFFICIENT EVIDENCE OF LEARNING (IE) & STUDENT ACTION PLANS

When an IE is assigned, teachers will connect with the student, parents, and caregivers to discuss the area(s) of learning in question, the needs of the student, and solutions and supports to help move the student forward in their learning.

A **Student Action Plan** indicating a timeline for the student to demonstrate their learning is communicated to the parent/guardian and student. An 'IE' can be issued at any time of year, but in general Student Action Plans are sent home a few weeks prior to each reporting period. Parents may also contact the counsellor or individual teachers with questions or concerns regarding their child's progress.

STANDARDS-BASED ASSESSMENT AND PROFICIENCY SCALES

The proficiency scales are intended to reflect student achievement in relation to the Learning Standards in an area of learning.

EMERGING	DEVELOPING	PROFICIENT	EXTENDING
The student demonstrates an initial understanding of the concepts and competencies relevant to the expected meaning.	The student demonstrates a partial understanding of the concepts and competencies relevant to the expected learning.	The student demonstrates a complete understanding of the concepts and competencies relevant to the expected learning.	The student demonstrates a sophisticated understanding of the concepts and competencies relevant to the expected learning.

HONOUR ROLL – GRADE 10-12

To qualify for Honour Roll students must be on a full-time schedule. Honour Roll is based on final marks at the conclusion of each semester.

Principal's Honour Roll	GPA 4.0
Honour Roll	GPA 3.0 to 3.49

To calculate your GPA, each letter grade is worth the following:

A = 4.0
B = 3.0
C+ = 2.5
C = 2.0
C- = 1.0
I or F = 0.0

*Students who receive a C- or a failing grade (IE/F) for ANY course final mark will NOT be eligible for Honour Roll nor Gold Cord. Please note that courses taken online (i.e. Burnaby Online) do not count towards Honour Roll nor Gold Cord.

CORE COMPETENCIES

Core competencies are sets of intellectual, personal, and social and emotional proficiencies that all students need to develop in order to engage in deep learning and life-long learning. The BC curriculum includes three core competencies:



Communication: The communication competency encompasses the set of abilities that students use to impart and exchange information, experiences and ideas, to explore the world around them, and to understand and effectively engage in the use of digital media.



Thinking: The thinking competency encompasses the knowledge, skills and processes we associate with intellectual development. It is through their competency as thinkers that students take subject-specific concepts and content and transform them into a new understanding.



Personal & Social: The personal and social competency is the set of abilities that relate to students' identity in the world, both as individuals and as members of their community and society. It encompasses the abilities students need to thrive as individuals, to understand and care about themselves and others, and to find and achieve their purposes in the world.

During the school year, students in grades 8 to 12 will participate in various learning experiences, select evidence of and reflect on their core competency development. At the end of the school year, students will participate in the 1:1 Core Competencies Conversations with a staff member. These conversations involve students showcasing and discussing their growth in the areas of:

- **Communication:**
 - Communicating
 - Collaborating
- **Thinking:**
 - Creative Thinking
 - Critical and Reflective Thinking
- **Personal & Social:**
 - Personal Awareness and Responsibility
 - Positive Personal and Cultural Identity
 - Social Awareness and Responsibility

The year-end report card will indicate that the student has accessed, developed and reflected on the core competencies.

LIBRARY LEARNING COMMONS

Alpha's Library Learning Commons is home to fiction and non-fiction books both in English and in French. Our collection includes a large section of graphic novels and manga, & even some picture books. Students can check-out up to five books at a time, for three weeks each. The school also subscribes to several online databases with top-quality informational resources for research, available both at school and at home. The library has numerous computers that can be used for schoolwork. These are often booked by classroom teachers but can be used by individual students when available. Students may print in the library but will incur a charge of 10 cents per page for personal printing. Additional resources in the library include iPads, eReaders, headphones, microphones, and green screen.

Students coming to the library during class time must have a note from their teacher and are expected to work or read quietly.

Online resources may require the User ID **bbyalpha** and the password **\$student1**. For more information and a link to the library catalogue, go to:

<http://blogs.sd41.bc.ca/alpha-library/>.

AWARDS AND RECOGNITION

ALPHA OLYMPIAN

The Olympian is Alpha's top award given to a Grade 12 student who, over five years at Alpha, displays leadership qualities, kindness, consideration and humanitarianism, maintains at least a C+ average and is involved in athletics and/or service to the school. The recipient is nominated by the staff and must be an exemplary citizen.

ATHLETIC AWARDS

Students participating in the athletic programs, both intramural and extramural, can achieve credits toward athletic awards. Credits are awarded for participation, good sportsmanship and commitment.

AREAS OF LEARNING AWARDS

Each area of learning and teacher, recognizes students for a variety of achievements. These achievements are specific to each course and teacher. Recipients will receive their recognition certificate at the end of the school year.

GOLD CORD

The Gold Cord is awarded to students at the School Leaving Ceremony at the end of Grade 12. To receive a Gold Cord, students must achieve honour roll standing for each semester in Grade 10 and 11, and for semester 1 in grade 12. Please note that courses taken online (i.e. Burnaby Online, VLN) do not count towards Honour Roll nor Gold Cord.

SCHOLARSHIPS & FINANCIAL AID

Each Grade 12 student must complete a **STUDENT PROFILE** in order to be considered for eligibility to receive school and district scholarships or bursaries (financial aid). Scholarship information can be found on a dedicated Scholarship 0365 Teams assigned to all Grade 12s.

STUDENT SERVICES

- ✓ Indigenous Support
- ✓ Career Programs Advisor
- ✓ Counsellors
- ✓ International Student Support
- ✓ School Liaison Officer
- ✓ School Psychologist
- ✓ Settlement Worker (SWIS)
- ✓ Safe School Specialist

THE STUDENT SERVICES CENTRE PROVIDES:

- ✓ Individual and group counselling
- ✓ Post-secondary school planning, applications, early admission information
- ✓ Graduation credit checks
- ✓ Appointments with liaison representatives from post-secondary institutions

THE CAREER PROGRAMS DEPARTMENT:

- ✓ Work experience: 30 hrs Career Exploration and 80-hour Work Experience Program
- ✓ Career Life Connections 12A – (CLC 12A- for Grade 11s)
- ✓ Career Life Connections 12B – (CLC 12B- for Grade 12s)
- ✓ Industry Training Programs
- ✓ Volunteer information
- ✓ Resumes, letters of application and interview skills assistance

CAREER LIFE CONNECTIONS 12A AND 12B

Career Life Connections is a mandatory graduation requirement as prescribed by the BC Ministry of Education. Current grade 11 students are required to complete two credits for CLC 12A and another two credits in grade 12 for CLC12B.

Both courses are delivered through designated O365 Teams. CLC 12A consists of eight mandatory assignments and CLC 12B is completed through a portfolio which includes, resume, work safe test, 30 hours of work experience and the 3 components for the Capstone project.

Please note: Students who do not successfully complete these four credits **WILL NOT GRADUATE** under the current graduation program.

PEER TUTORING PROGRAM

École Alpha Secondary School provides a 4 credit course to train interested grade 11 & 12 students as peer tutors. Peer tutors work with students in classes throughout the school. Students interested in this program should see their counsellor.

LEARNING CENTRE – CONNECT PROGRAM (ROOM B124)

Alpha's Learning Centre provides services for all students who may require additional learning assistance and support with course work.

Learning support teachers and subject specialist teachers are available to provide small group and individualized support for students throughout the school day. As we operate with an open-door policy and a drop-in model, students of any/all abilities are welcome to attend the Learning Centre to receive additional support with teacher permission.

ACHIEVE PROGRAM

Support is also available in the Connect room afterschool Monday through Thursday from 3pm to 4pm. All students are welcome to come in after school to seek support with their classes during this time.

IMPORTANT WEBSITES

<http://alpha.burnabyschools.ca>
<https://blogs.sd41.bc.ca/alpha-scholarships/>
<http://burnabyschools.ca>
<https://apply.educationplannerbc.ca/>
www.scholarshipscanada.com
www.mediasmarts.ca/parents

École Alpha Secondary
Alpha Scholarship Website
Burnaby School District
Post Secondary Application Service
Scholarship information
Internet Safety

10 Keys to Success

****Attend all your classes!****

Set short-term and long-term goals.

Select a balanced course load.

Participate in class.

Get organized — use your agenda!

Get help when you need it.

Discover your passions.

Complete your assignments.

Eat right, exercise and get enough sleep.

Get involved!

STUDENT ACTIVITIES

Alpha's activities are developed, organized, and run by Student Government, Grad Council, Fine and Performing Arts Council (FPAC), and Sports Council. Alpha's Student Government and Grad Council have been elected for the 2024-2025 school year. Elections for Grade 8 Student Government representatives will take place in September 2024. FPAC will be selected in the Fall.

Alpha has always offered a wide variety of sports and other social activities for students. All Students will be subscribed to a Grade Team, ensure you turn on notifications as very important announcements are published in teams. Students should check the daily bulletin to learn of all upcoming activities. Any student may join any club at any time. Participation in school activities is a wonderful way to meet people and make friends.

STUDENT COUNCIL 2024-2025

All student council will be announced in September 2024.

CLUBS & COMMITTEES

Clubs and Committees are two important links to our school and to our community. All students have the opportunity to belong to any of the sponsored groups. If students wish to start a new club, they must first find a staff member as a sponsor.

Once a sponsor is found, complete the appropriate form, submit the form to the

main office, then present a proposal to the Administrative Team at a Caucus meeting. Caucus meetings are held every Wednesday morning at 8:00am in the Library Learning Commons.

ALPHA ATHLETIC TEAMS

FALL	WINTER	SPRING
Boys Rugby (Gr.8-9) Boys Soccer (Gr.8-12) Boys Volleyball (Gr.10-12) Cross Country (Gr. 8-12) Girls Volleyball (Gr. 8-12) Swimming (Gr. 8-12)	Boys Basketball (Gr.8-12) Girls Basketball (Gr.8-12) Gymnastics (Gr.8-12) Skiing (Gr.8-12) Wrestling (Gr.8-12)	Badminton (Gr.8-12) Boys Ball Hockey (Gr.8-12) Boys Rugby (Sr.)* Boys Volleyball (Gr.8-9) Girls Netball (Jr. & Sr.)* Girls Soccer (Jr. & Sr.)* Golf (Gr.8-12) Mountain Biking (Gr.8-12) Tennis (Gr.8-12) Track & Field (Gr.8-12) Ultimate Frisbee (Gr.8-12) Girls Rugby (Sr.)*
*Jr. – Gr. 8-10 *Sr. – Gr. 11/12		

SCHOOL POLICIES

ABSENCES

Students are expected to attend all scheduled classes. If you are absent from school: please have your parent/guardian call the **absence line** to let us know 604-296-6865, **extension 2** or email alpha.info@burnabyschools.ca. Parents receive daily absence information through phone and/or email updates.

Upon returning to school, students are required to present a note to their teachers from their parent or guardian. The note should then be submitted to the office so the absence can be excused.

ABSENCES - EXTENDED PERIOD

If you know you are going to be absent for an extended period of time, please pick up a 'Notification of Extended Absence' form from the office and have it signed by each of your teachers, your parent/guardian, and yourself. Then submit it to the office. It is the students' responsibility to make up work missed due to any extended absence.

ACADEMIC HONESTY

Academic honesty is a fundamental component of the learning process. Students should be aware that plagiarism and cheating contradict academic integrity. Plagiarism is the unacknowledged use of another person's work in any form, from any source, and the presentation of that in whole or in part, as one's own. This includes using AI (Artificial Intelligence) sources to generate work and presenting the work as your own. Cheating is any attempt by a student to complete an assignment, translation, homework or assessment by unfair means. Unfair means may include any or all of the following:

- Obtaining or providing unauthorized information through verbal, visual communication or unauthorized use of books, images (photos, posters, drawings), notes, text, Internet, electronic resources or other materials.
- Translation without sourcing e.g. using as your own work a source written in another language that has been translated into English.
- Obtaining or providing information concerning all or part of an examination prior to or during the examination.
- Taking an examination or doing an assignment for another student or arranging for another person to take an exam or do an assignment in one's place or handing in someone else's work as your own.
- Altering or changing test answers after submittal for grading, altering or changing grades after grades have been awarded, or altering or changing other academic records once these are official.
- Making any other attempt to improve grades using means that have not been or would not be approved by your teacher.

DRESS CODE

All members of the school community are expected to wear clothing appropriate for school. It is not appropriate or respectful to wear clothing that:

- Represents or promotes alcohol or drugs
- Makes sexual references
- Uses inappropriate language
- Depicts or promotes violence, racism, or discrimination
- Is intimidating to others

EARLY DISMISSAL

If you need to leave school for an appointment, bring a note from home to show your teachers. Report to the office to sign out. **Never leave the school premises during class hours without first signing out at the office.**

ELECTRONIC DEVICES

All members of the school community are expected to comply with appropriate use – which may vary by the student’s age and developmental stage – of personal digital devices and restrictions, including:

- During instructional time, only using personal digital devices for educational, learning accessibility, and/or medical purposes and with the permission of the classroom teacher
- During the school day, keeping personal digital devices safely stored, on silent mode, and out of sight, except when allowed by the school or classroom teacher

INJURIES OR ILLNESS AT SCHOOL

Injuries are to be reported to the office or teacher in charge. Students who become ill at school should also report to the office. Parents will be contacted if the student needs to go home. It is important that school records include an emergency contact name and phone number.

LATES

Being on time maximizes learning time and shows respect for other students and the teacher. If you arrive late, report directly to your class. Individual teachers will then deal with these lates as appropriate.

LOCKERS

School lockers are available for student use. Lockers belong to the school and contents must be appropriate for school. Locker assignment are done **online** via the school website. Students must use their assigned locker and a **school-issued lock**. Lockers may be accessed by administration if misuse is suspected. The school is not liable for the loss of any items. To reduce theft or loss from your locker:

- Do NOT leave money or valuables in your locker; leave all valuables at home.
- Do NOT give your locker combination to anyone.

- Promptly report thefts to the office.
- Always make sure your locker is securely closed and locked before leaving.

LOST & FOUND

The Lost & Found is located outside the small gym. For smaller or more valuable lost items, ask at the office.

SCHOOL LEAVING CEREMONY & GRAD DINNER DANCE

Detailed information regarding the School Leaving Ceremonies and the Graduation Dinner-Dance will be provided in Grad Newsletters emailed home throughout the school year.

SMOKING/VAPING

All students are actively encouraged to make healthy lifestyle choices. In keeping with healthy living, School Board Policy and the Tobacco Control Act (March 2008). **Smoking/Vaping is NOT PERMITTED** on school property.

STUDENT PARKING

Students who drive vehicles to school are expected to park in the following areas:



- All Alpha parking lots are designated for staff and visitor parking only.

FEES AND EXPENSES

To pay online: <https://burnaby.schoolcashonline.com>

Student Activity Fee	\$30
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This fee covers student ID cards, student council, school activities and functions, lockers, and support for athletics and intramurals.

AP Exam Fee	\$150
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First Aid (<i>St. John's Certification</i>)	\$150
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Athletic Teams (<i>per season</i>)	\$35 – \$125
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School Leaving Ceremony	\$80
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PHE Fees:

PHE 8	\$45
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PHE 9	\$45
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PHE 10	\$45
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PHE 10 Health & Lifestyle	\$45
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Active Living 11/12	\$75
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Active Living 11/12 Health & Lifestyle	\$45
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Fit & Conditioning 11/12	\$20
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Yearbook	\$55 (early bird)/\$65 (after January 1st, 2025)
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Grad Dinner/Dance	\$140
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Dry Grad	\$100 max
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Family Accident Reimbursement Plan (Optional Insurance)	\$TBA
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This Fee covers unexpected expenses that are a result of accidents that happen during school time and can cause undue hardship for families. Please consider purchasing optional, comprehensive insurance that covers accidents that occur at school (both in and out of class). Detailed information will be provided in September.

SUPPLEMENTAL COURSE FEES

Students may incur additional costs for program options in all courses. For more information, please visit: <https://alpha.burnabyschools.ca/school-info/school-fees/>.

PAYING SCHOOL FEES

School Cash Online is an easy to use and safe way to pay for school fees. We encourage everyone to create a School Cash Online account <https://burnaby.schoolcashonline.com/>. If you prefer to pay by cheque, please make it out to *Alpha Secondary School*. Please record the student's full name in memo section of the cheque and retain a copy for your records.



DISTRICT TECHNOLOGIES & INFORMATION SYSTEMS

DIGITAL RESPONSIBILITY GUIDELINES FOR STUDENTS

Burnaby School District **provides** students with access to Digital Technologies and Information Systems as a means to enhance their learning. Students have access to, amongst other things, public websites, secure virtual classrooms, discussion boards, video files, digital pictures, audio files, library systems, e-mail, file storage, printing, encyclopaedias, wikis, blogs, texting, social media and messaging tools.

The District will endeavour to:

- *ensure safe, orderly, and caring physical and digital learning spaces;*
- *impose guidelines on what students may see and do in digital environments;*
- *inform parents of potential risks.*

Digital Responsibility Guidelines apply to all students using District Technologies or technological devices within Burnaby School District. Students are expected to review and adhere to these guidelines. To be issued access privileges to District Technologies and Information Systems, all users must fill out a Student Acceptable Use Agreement. **Both the student and their Parent/Guardian must sign.**

DO:

- Use District and personally-owned devices and digital tools for educational purposes.
- Follow copyright laws and acknowledge and respect the ownership of others for their creative works.
- Keep your personal information private (last name, home address, phone numbers, picture, and passwords).
- Respect the privacy of other students and adults.
- Report uncomfortable, unsafe, or inappropriate behaviour or messages to your teacher or principal.
- Treat others fairly and with respect.
- Understand that digital tools such as e-mail, messaging, social networks, websites, wikis, blogs, texting are not guaranteed to be private.

DO NOT:

- Share your passwords.
- Take and use someone else's identity (their name, password).
- Falsify your identity.
- Take pictures or videos of others and share them without their permission.
- Hurt or mistreat others by what you create or share.
- Harass, stalk, bully, threaten, insult, abuse, or attack others.
- Damage computer systems, networks, digital tools or content.
- Access secure information owned by others without their permission.
- Use information or work of others as your own without their permission.
- Use software programs that are not provided by the District or that are not free or purchased by you for your personally-owned device.
- Use District or personally-owned devices for commercial, illegal, or malicious purposes
- Use District or personally-owned devices to operate file sharing services.
- Access or distribute pornographic or obscene pictures, videos, audio or text.
- Meet with someone you met online without your parent(s) or guardian(s) approving.

For more information on District Technologies and Information Systems, parents are encouraged to review Burnaby Board of Education Policy 7.90.01e

WHAT TO DO

IF YOU...	THEN...
are late	- report to class
have an accident or become ill	- if in class, see class teacher, otherwise come to the office
lose a textbook	- inform your teacher, go to the office, check the lost and found
were absent	- bring a note to your teachers and then to the office
have a new address or phone number	- go to the office
lose something	- check the lost and found - go to the office
want to talk to a Counsellor or Safe School Specialist	- go to the Student Services - complete a request slip if no one is available
want to join a team	- participate in team tryouts - talk with your P.H.E. teacher
want to find a friend	- join an activity, intramurals, clubs, councils, or a sports team
want to have fun during noon hour	- participate in intramurals, clubs and attend special events planned by the Leadership Councils

want academic help	- see your teacher or attend the Connect Program or Achieve afterschool program
want drug and alcohol information	- see Safe School Specialist, Counsellor
feel threatened or if you are bullied	- see an adult, your teacher, a counsellor, the Safe School Specialist or an Administrator - tell your parents

